

# Art Made Man through art therapies and handicraft

Volume 1, Number 1

September 15, 2011

Creativity is  
inventing,  
experimenting,  
growing,  
taking risks,  
breaking  
rules, making  
mistakes and  
having fun.

Mary Lou  
Cook

art made man



## ART MADE MAN

Is a project funded by the European Agency of Education and Culture within the Life Long Learning Programme for adults – GRUNDTVIG.

Its main aim is to develop an innovative methodology that integrates art/dance movement therapies and craft techniques through which beneficiaries will develop:

Transversal, expressive, relationship and communication skills;

Professional skills.

Dependency and diversity limit the individual, his/her possibility of growth, comparison, relationship with

others and planning their future.

### AMM beneficiaries are:

ethnic minorities and unemployed women with physical and/or mental disorders -(Lithuania);

migrants and people with physical and mental disorders - (Italy);

people with mental disorders - (Bulgaria);

people with physical and mental disorders - (Poland).

In general, disadvantaged groups within the most vulnerable of the population according with the local context.

Adult education is a key component of LLL and has a key role within all the EU strategies starting from Lisbon. It's considered a **"public good" and a public responsibility**, with a cultural mediation role and a support to the social capital growth in terms of an increase of citizen participation, better health conditions and higher level of wealth and individual realization feeling.

## News:

- Project Presentation
- Kick off meeting in Perugia
- 2nd coordination meeting in Barcelona
- Next step: internal organizational workshop in Warsaw
- Publications: National mappings, EU mapping, art therapies and handicraft guidelines.
- The partnership

## KICK OFF MEETING IN PERUGIA FEBRUARY 3-4, 2011



Perugia, Italy. February 3-4, 2011

The project kick-off meeting was held in Perugia, city of the headquarters of the partner coordinator **TAMAT**.

During two days of work, 3-4 February 2011, the partners debated deeply all aspects of the project implementation and have rescheduled the project.

At the beginning of the meeting, every partner introduced him/herself and the association he/she are working for, stressing the point on his/ her usual target groups.

Partners' representatives who met in Perugia were the following:  
**Tamat:** Patrizia Spada, Simona Formica;  
**Art therapy Italiana:** Rosa Maria Govoni, Nicoletta Gillini;  
**EUROTraining:** Christomir Zafirov;  
**Dynamic Organization Thinking:** Andrea Díaz

Laia Fauró; **Social Innovation Fund:** Zivile Savickaite and Eimantas Kisielus;  
**University of East Anglia:** Al-Dayani Haya, Louise Humphries;  
**KZRSIISN:** Hubert Pora;  
**Re.leg.art:** Loredana Zamponi, Franca Bacelli.

After the partner's presentation, TAMAT proceeded with the pre-

sentation of the project to all the partners.

TAMAT, the lead partner of the WP5, presented the guidelines for the National Mapping, stressing the main points.

SIF, the Lead partner of the WP2, presented the monitoring and quality control strategy.

D-O-T, the lead partner of the WP4, presented the LOGO and the ICT realized and discussed with the partnership.

EURO-training, the lead partner of the WP3\_DISSEMINATION AND AWARENESS RAISING, made a presentation on his WP.

Rescheduling the project: Perugia, Italy.  
February 3-4, 2011

Our web site:  
<http://www.artmademan.eu/>

Enthus  
is th  
mothe  
effort  
withou  
nothi  
great  
ese  
achie  
  
Rab  
Wal  
Emer

## 2ND COORDINATION MEETING IN BARCELONA. JUNE 20-21, 2011



Sharing ideas on the implementation of a multimedial wiki for the AMM project during the 2nd coordination meeting in Barcelona.

The second coordination meeting of the Art Made Man project was held in Barcelona (Spain), hosted by the partner **D.O.T (Dynamic Organization thinking)**.

The sessions took place on 20th and 21st June. Several important issues had been discussed and several decisions had been taken.

The coordinator, TAMAT, presented all the administrative and financial requirements for the Interim Report preparation.

All partners presented the results of the national mapping, the milestone for the next steps development and implementation.

Brief presentation of the current methodology of the art/ dance movement and handicraft therapy: expected and achieved outcomes of impact was presented from RE-

LEGART and ART THERAPY IT. They presented as well the guidelines (first draft proposal) for the realization of the art therapy and handicraft workshops (WP7). Discussion on its design oriented to exploitation purposes with local and non-local stakeholders.

Fruitful discussions took place concerning the dissemination activities, the monitoring and quality control and some administrative and financial issues.

The discussion continued with sum up and open discussion about state of the art of the activities, strenghtness and weaknesses of the team work, next steps from now until the next coordination meeting.



Work in progress: sharing idea on the multimedial wiki to be developed by the partner DOT.

We are on face book:

<http://www.facebook.com/pages/Art-Made-Man/224501640903163>

## Next Steps:

### Organizational workshop in Warsaw

By the **6-9 October**, it will be held the next coordination meeting in Warsaw ( Poland ) and it will be hosted by the partner KZRSIISN.

Beside the general administration and management issues, the main purpose of this meeting will be the organisation and performing of an **INTERNAL WORKSHOP** during which **ART THERAPY ITALIANA** and **RE.LEG.ART** will guide respectively the session of DANCE MOVEMENT, ART AND HANDICRAFT THERAPY.

The partners and their experts will test the **INTEGRATED METHODOLOGY** (art/dance movement methodology and craft techniques), before the start up of art/dance movement and handicraft laboratories in Poland, Lithuania, Italy and Bulgaria. The partner UEA will present the calendar as well as the METHODOLOGICAL REPORT that integrates the guidelines for the realization of the art/dance movement and handicraft laboratories.

## Publications:

### National Mapping

The National Mapping, foreseen within the first phase of the project, has been developed and **it will be available in the AMM website**. It has been developed in two languages: English and partners language too. Its goal/objective has been to produce a participative mapping, which will document the state of the art of all the structures working with “disadvantaged” people and marginalization in different partners countries: Lithuania, Poland, Bulgaria, Italy.

### European Mapping

The EU mapping of social integration systems comes from the National mappings elaborated within the Art Made Man project. Its objective is to have an insight practical view of public and private structures working with “disadvantaged” people and marginalization in the different co-beneficiaries regions/countries.

### Art therapy guidelines

The Art therapy guidelines have been realized by **ART THERAPY ITALIANA** with the purpose to give the main guidelines to the professionals in the field, how using Art and Dance Movement therapy, patients can paint, model, dance or move around, using the modality that is more functional for their expression and the processing of their experiences, thereby developing interpersonal skills and communication.

### Handicraft Guidelines

The Handicraft guidelines have been realized by **TAMAT** and **RELEGART**, with the purpose to provide social workers dealing with disadvantaged people, new tools and guidance cues with rehabilitation purpose on handicraft therapy, concerning the acquisition of specific skills aimed at achieving a level of autonomy compatible with the expectations of the person or those of the environment.



## The partnership:



### CONTACTS:

Via Dalmazio Birago, 65 – 06124 – Perugia, Italy.  
Tel. 0039 075 505 56 54 Fax. 0039 075 515 61 51  
[www.tamat.org](http://www.tamat.org)

**TAMAT**



### CONTACTS:

Galczyńskiego str. 4, 00362 Warsaw, Poland  
Email: [hubert@go2.pl](mailto:hubert@go2.pl)  
Web: [www.kzrsiisn.zpchr.pl](http://www.kzrsiisn.zpchr.pl)

**KZRŚIiSN**  
Poland



### CONTACTS:

Palazzo Salina, Via Barberia 13, 40123 Bologna, Italy  
Email: [associazione@arttherapyit.org](mailto:associazione@arttherapyit.org)  
Web: [www.arttherapy.it](http://www.arttherapy.it)

**ART THERAPY**  
Italy



### CONTACTS:

Savanorių 1, 44255 Kaunas, Lithuania  
Email: [I.mecajeva@lpf.lt](mailto:I.mecajeva@lpf.lt)  
Web: [www.lpf.lt](http://www.lpf.lt)

**SIF**  
Lithuania



### CONTACTS:

Tzar Simeon Veliki str., 65, 6003 Stara Zagora, Bulgaria  
Email: [christo@euro-training.org](mailto:christo@euro-training.org)  
Web: [www.euro-training.org](http://www.euro-training.org)

**EUROTraining**  
Bulgaria



### CONTACTS:

University of East Anglia, NR47TJ Norwich, UK  
Web: [www.uea.ac.uk](http://www.uea.ac.uk)

**UEA**  
United Kingdom



### CONTACTS:

Carrer de l' Est 15, 08001 Barcelona, Spain  
Email: [andrudiaz@d-o-t.eu](mailto:andrudiaz@d-o-t.eu)  
Web: [www.d-o-t.eu](http://www.d-o-t.eu)

**D.O.T**  
Spain



### CONTACTS:

Via F. di Lorenzo 2 bis/1 06121 PERUGIA, Italy  
TEL/ FAX 075 572 53 80  
Web: [www.relegart.it](http://www.relegart.it)

**Re.leg.art**  
Italy